

Swimmer Profile	
Name: Kate Sims	Age: 14
Club: Masterton	Coach: Anna Kitching
About	
Greatest achievement in swimming: Winning two national titles in 100m and 200m butterfly at 2015 NZ Age Group Championships	
Major goals for the next 2 years: To swim for a New Zealand team overseas	
What is your pre-race ritual? Stretch, think about each length of the race, focus	
If you could only eat one thing for the rest of your life what would it be? Peaches	
Who or what inspires you and why? My cousin Isaac Foote because he never gives up, trains really hard and strives for big goals with his swimming.	
School/University/subjects/company/position? Year 10, St Matthew's Collegiate, Masterton	